

The ABCs of Making Mistakes with a Growth Mindset

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A I am **ALWAYS** learning.

B Mistakes make my **BRAIN** grow.

C I want a **CHALLENGE**.

D Things are **DIFFICULT** before they are easy.

E I focus on my **EFFORTS**.

F I listen to **FEEDBACK** from others.

G I **GROW** when I make mistakes.

H I ask for **HELP** when I need it.

I I'm **INSPIRED** by the success of others.

J Success is the **JOURNEY** not the destination.

K **KEEP** trying is my personal motto.

L Mistakes are a part of **LEARNING**.

M My brain is like a **MUSCLE**; work makes it stronger.

N My **NEURONS** are firing and my brain is growing.

O There is always another **OPPORTUNITY**.

P My goal is **PROGRESS** not perfection.

Q I ask **QUESTIONS** when I don't understand.

R I am **RESILIENT**.

S Struggling makes me **STRONGER**.

T I keep **TRYING** until I get it right.

U I take time to **UNDERSTAND** my feelings.

V I will have **VICTORY** over my circumstances.

W **WORK** is my path to achievement.

X A little **eXtra** effort will yield big results.

Y I haven't figured it out **YET**.

Z I am **ZEALOUS** about learning new things.