

# The **ABCs** of Making Mistakes with a Growth Mindset

I am **ALWAYS** learning.

Mistakes make my **BRAIN** grow.

I want a **CHALLENGE**.

Things are **DIFFICULT** before they are easy.

I focus on my **EFFORTS**.

I listen to **FEEDBACK** from others.

I **GROW** when I make mistakes.

I ask for **HELP** when I need it.

I'm **INSPIRED** by the success of others.

Success is the **JOURNEY** not the destination.

**KEEP** trying is my personal motto.

Mistakes are a part of **LEARNING**.

My brain is like a **MUSCLE**; work makes it stronger.

My **NEURONS** are firing and brain is growing.

There is always another **OPPORTUNITY**.

My goal is **PROGRESS**, not perfection.

I ask **QUESTIONS** when I don't understand.

I am **RESILIENT**.

Struggling makes me **STRONGER**.

I keep **TRYING** until I get it.

I take time to **UNDERSTAND** my feelings.

I will have **VICTORY** over my circumstances.

**WORK** is my path to achievement.

A little **EXTRA** effort will yield big results.

I haven't figured it out **YET**.

I am **ZEALOUS** about learning new things.